Treningstider sesongen 2020 -2021

Oppdatert 12.11.2020

Varhaughallen

	Mandag		Tirsdag		Onsdag		Torsdag		Fredag	
Halvdel	1	2	1	2	1	2	1	2	1	2
1400										
1430										
1500										
1530										
1600	J14 / J15/16	J14 / J15/16			G13	G13				
1630	J14 / J15/16	J14 / J15/16			G13	G13	J7	J9	J13	
1700	J12	J12	J8	G8	Idrettskulen		J7	J9		
1730	J12	J12	J8	G8	Idrettskulen		G9	G7	Badminton	Badminton
1800	J12	J12	J10	J10	G12	G12	G9	G7	Badminton	Badminton
1830	J13	J13	J10	J10	G12	G12	J12	G11	Badminton	Badminton
1900	J13	J13	Badminton	Badminton	J13	J13	J12	G11		
1930	Dame A/B	Dame A/B	Badminton	Badminton	J13	J13	G 15	G 15		
2000	Dame A/B	Dame A/B	Badminton	Badminton	J13	J13	G 15	G 15		
2030	Dame A/B	Dame A/B			Herre C	Herre C	G 15	G 15		
2100					Herre C	Herre C				
2130										

Jæren Sparebank Arena

	Mandag			Tirsdag			Onsdag			Torsdag			Fredag		
Halvdel	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3
1400															
1430															
1500															
1530										J10	J10	J10			
1600										J14 / J15/16	J10	J10	G14	G14	G13
1630	J11	J11	J11	G9	G9	G6	G10	G10	G10	J14 / J15/16	J14 / J15/16	J14 / J15/16	G14	G14	G13
1700	J11	J11	J11	G9	G9	G6	G10	G10	G10	J14 / J15/16	J14 / J15/16	J14 / J15/16	G14	G14	G13
1730	G11	G11	G11	J9	J9	J9	J11	J11	J11	J-Junior	J-Junior	J-Junior	G11	G11	G11
1800	G11	G11	G11	J9	J9	J9	J11	J11	J11	J-Junior	J-Junior	J-Junior	G11	G11	G11
1830	Herre A / B	Herre A / B	Herre A / B	G14	G14	G14	Herre A / B	Herre A / B	Herre A / B	J-Junior	J-Junior	J-Junior			
1900	Herre A / B	Herre A / B	Herre A / B	G14	G14	G14	Herre A / B	Herre A / B	Herre A / B	Herre A / B	Herre A / B	Herre A / B			
1930	Herre A / B	Herre A / B	Herre A / B	G14	G14	J14 / J15/16	Herre A / B	Herre A / B	Herre A / B	Herre A / B	Herre A / B	Herre A / B			
2000	G 15	G 15	G 15	J14 / J15/16	J14 / J15/16	J14 / J15/16	Dame A/B	Dame A/B	Dame A/B	Herre A / B	Herre A / B	Herre A / B			
2030	G 15	G 15	G 15	J14 / J15/16	J14 / J15/16	J14 / J15/16	Dame A/B	Dame A/B	Dame A/B						
2100	G 15	G 15	G 15				Dame A/B	Dame A/B	Dame A/B						
2130															